### NANO EXPRESS

**Open Access** 



## ICAM-1-Targeted Liposomes Loaded with Liver X Receptor Agonists Suppress PDGF-Induced Proliferation of Vascular Smooth Muscle Cells

Xu Huang<sup>1+</sup>, Meng-Qi Xu<sup>1+</sup>, Wei Zhang<sup>2</sup>, Sai Ma<sup>1</sup>, Weisheng Guo<sup>2</sup>, Yabin Wang<sup>1</sup>, Yan Zhang<sup>1</sup>, Tiantian Gou<sup>1</sup>, Yundai Chen<sup>1</sup>, Xing-Jie Liang<sup>2\*</sup> and Feng Cao<sup>1\*</sup>

#### Abstract

The proliferation of vascular smooth muscle cells (VSMCs) is one of the key events during the progress of atherosclerosis. The activated liver X receptor (LXR) signalling pathway is demonstrated to inhibit platelet-derived growth factor BB (PDGF-BB)-induced VSMC proliferation. Notably, following PDGF-BB stimulation, the expression of intercellular adhesion molecule-1 (ICAM-1) by VSMCs increases significantly. In this study, anti-ICAM-1 antibody-conjugated liposomes were fabricated for targeted delivery of a water-insoluble LXR agonist (T0901317) to inhibit VSMC proliferation. The liposomes were prepared by filming-rehydration method with uniform size distribution and considerable drug entrapment efficiency. The targeting effect of the anti-ICAM-T0901317 liposomes was evaluated by confocal laser scanning microscope (CLSM) and flow cytometry. Anti-ICAM-T0901317 liposomes showed significantly higher inhibition effect of VSMC proliferation than free T0901317 by CCk8 proliferation assays and BrdU staining. Western blot assay further confirmed that anti-ICAM-T0901317 liposomes inhibited retinoblastoma (Rb) phosphorylation and MCM6 expression. In conclusion, this study identified anti-ICAM-T0901317 liposomes as a promising nanotherapeutic approach to overcome VSMC proliferation during atherosclerosis progression.

Keywords: Vascular smooth muscle cells, Liver X receptor, ICAM-1, Liposome

#### Background

Studies in pathophysiology have shown that the activation, migration, and proliferation of vascular smooth muscle cells (VSMCs) play crucial roles in atherosclerosis. Notably, atherosclerosis is the primary cause of cardiovascular diseases and mortality in the industrialised nations [1, 2]. In general, VSMCs are quiescent and nonproliferative [3]; however, proliferation would be activated following vascular injury, which contributes to the pathogenesis of early atherosclerosis [4, 5]. Atherosclerotic lesions exhibit multiple molecular responses, including hyperglycemia, hypertension, and modified low-density lipoprotein expression, which damage endothelial cells and bind leukocytes and monocytes, causing lipoproteins to infiltrate the vascular intima [6]. Subsequently, macrophages engulf the oxidised low-density lipoproteins (LDL) and become foam cells [7]. As the inflammatory process continues, growth factors and cytokines, including the platelet-derived growth factors (PDGFs), promote VSMC migration from the medium to the intima and transition from a quiescent contractile state to an active synthetic state. This transition is the basis for atherosclerosis and restenosis [8].

Multiple approaches have attempted to weaken VSMC activation and proliferation. It has been demonstrated that LXR (LXR $\alpha$  and LXR $\beta$ ) activation in macrophages and VSMCs regulated cholesterol homeostasis and inhibited mitogen-induced VSMC proliferation [9, 10]. LXRs (LXR $\alpha$  and LXR $\beta$ ) are members of the nuclear



© The Author(s). 2017 **Open Access** This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made.

<sup>\*</sup> Correspondence: liangxj@nanoctr.cn; fengcao8828@163.com <sup>†</sup>Equal contributors

<sup>&</sup>lt;sup>2</sup>Laboratory of Controllable Nanopharmaceuticals, CAS Key Laboratory for

Biomedical Effects of Nanomaterials and Nanosafety, National Center for Nanoscience and Technology, Beijing 100190, China

<sup>&</sup>lt;sup>1</sup>Department of Cardiology, State Key Laboratory of Kidney Diseases, Chinese PLA General Hospital, Beijing 100853, China

hormone receptor family of transcription factors that inhibit VSMC proliferation and  $G_1 \rightarrow S$  phase progression by (i) preventing phosphorylation of retinoblastoma (Rb) protein at Ser807/811 and (ii) inhibiting the expression of minichromosome maintenance protein 6 (MCM6). Phosphorylation of Rb promotes cell cycle progression by releasing transcription factors, the S phase transcription factor E2F, that could induce gene expression required for DNA synthesis. The MCM6 is the machinery downstream of Rb phosphorylation that regulates the DNA replicative. Therefore, LXR agonists show great potential to inhibit VSMC proliferation. However, there hydrophobicity is the major barrier to their clinical use [10, 11].

Knowledge of atherosclerosis pathogenesis has provided opportunities for creative prevention strategies and treatments, including the use of nanotherapeutic approaches [12]. The application of nanotechnology in medicine has provided credible strategies, including multimodal imaging and nanomedicine with sustained releases [13–15]. Phosphatidylcholine (PC) nanoparticles exhibit targeting ability for MRI and imaging of atherosclerotic plaques in mice [16]. Nanoparticle-based drug delivery system (NDDs) is a promising therapeutic vector to improve the therapy efficiency for atherosclerosis treatment. NDDs overcomes many of the shortcomings that conventional therapies suffer from, including low water solubility and the inability to deliver drugs across a range of biological barriers [17]. As far as we know, few reports on the targeted therapeutics based on NDDs have been presented to inhibit VSMC activation and proliferation. It has been found that after PDGF stimulation, the expression of intracellular adhesion molecule-1 (ICAM-1) by VSMCs was greatly upregulated, which binds multiple types of inflammatory cells [18]. So, ICAM-1 could be identified as a marker for targeted drug delivery.

Based on these considerations, herein, we developed a nanotherapeutic platform based on liposomes for targeted delivery of LXR agonist, T0901317, to inhibit the proliferation of VSMCs. ICAM-1 antibodies were conjugated to the liposomes to improve the therapeutic efficiency. The schematic presentation of the as-prepared anti-ICAM-1-T0901317 liposomes is shown in Fig. 1a, and the nanoparticles were fully characterised. Subsequently, the cellular uptake of the liposomes was investigated by CLSM and flow cytometry. The antiproliferation efficiency and the underlying mechanism were evaluated by CCK8 assay, BrdU staining, cell cycle assay, and western blotting.

#### Methods

#### Materials

PC from eggs, cholesterol (Chol), PEGylated (Mw¼2000) 1,2-distearoyl-*sn*-glycero-3-phosphatidylethanolamine (DSPE-PEG), and 1,2-distearoyl-*sn*-glycero-3-phosphoethanolamine-*N*-[maleimide(polyethyleneglycol)-2000] (DSPE-PEG-mal) were purchased from Xi'an ruixi Biological Technology Co. Ltd. (Xian, China). Coumarin-6 was obtained from Sigma-Aldrich Co. (St Louis, MO, USA). Sephadex G-50 was obtained from GE Healthcare Life



Sciences (WI, USA). Recombinant human PDGF-BB was purchased from PEPROTECH (Rocky Hill, USA). The LXRa agonist, T0901317, was purchased from Selleckchem (Boston, USA). Cell cycle analysis kits were obtained from BD Bioscience (San Jose, CA, USA). BrdU Cell Proliferation Detection Kits were obtained from KeyGen BioTECH (Nanjing, China). Mouse aortic smooth muscle (MOVAS) cells were purchased from Honsun Biologicals (Shanghai, China). Dulbecco's modified Eagle's medium (DMEM) and fetal bovine serum (FBS) were purchased from HyClone (Logan, UT, USA). Anti-Rb antibodies targeting the total and phosphorylated (Ser 807/811) forms, as well as minichromosomal maintenance protein 6 (MCM6), and  $\beta$ -actin were purchased from Biosynthesis Biotechnology Co. Ltd. (Beijing, China). CCK-8 and western blot detection reagents were purchased from Amersham Life Science Beijing Solarbio Science and Technology Co. Ltd. (Beijing, China). All chemicals were analytical or of high-performance liquid chromatography (HPLC) grade and used without additional purification.

#### Preparation of Multifunctional Liposomes Preparation of Liposomes Loaded with T0901317 and Coumarin-6

Therapeutic-fluorescent liposomes were prepared by filming-rehydration method [19]. Briefly, PC, Chol, DSPE-PEG2000, and DSPE-PEG-mal were combined in a round-bottom flask containing 5 mL of chloroform/ methanol (3:1) in a ratio of 4:1:0.8:0.2 g (50 mg in total) with two different weight ratios of T0901317. The mixture was dried using a rotary evaporator at room temperature to form a thin film. The film was then processed in a vacuum pump, hydrated for 2 h in 5 mL of PBS, and sonicated for 10 min at 30 °C. To optimise liposome formation, the mixture composition was assessed (Table 1). The weight ratios of T0901317 influenced the encapsulation percentage and loading efficiency. Undissolved T0901317 was removed by filtration. To obtain fluorescence images, NPs were visualised with 1% (w/w) coumarin-6.

#### Preparation of Anti-ICAM-1 and T0901317 Liposome Conjugate

Anti-ICAM-1 antibodies were conjugated with T0901317 liposomes following previously described methods [20]. Briefly, T0901317 liposomes (10 mg) and anti-ICAM-1 (20  $\mu$ g) were dissolved in PBS (pH = 7.4) and stirred

overnight in a glass bottle. Conjugates were then purified using a Sephadex G-50 ( $1 \times 20$  cm) gel filtration column.

#### Liposome Characterisation

The morphology and size of the anti-ICAM-1-T0901317liposomes were measured by transmission electron microscopy (TEM; JEM-2100). Briefly, the liposome suspension was dropped on a copper grid and negatively stained with 1% phosphotungstic acid until dry. Hydrodynamic sizes, polydispersity (PDI), and zeta potential of the anti-ICAM-1-T0901317- liposomes and T0901317- liposomes were measured in aqueous solutions using a Zetasizer Nano ZS dynamic light scattering (DLS) instrument (DLS; Malvern Zetasizer 2000, Malvern, UK). UV spectrophotometry was used to determine whether liposomes were successfully bound to the target ICAM-1 antibodies. The absorption spectra were obtained using a UV-visible absorption spectrometer (UV-1601; Shimadzu; Kyoto, Japan) at wavelengths of 200-700 nm [21].

## Measurement of In Vitro Entrapment Efficiency, Loading Efficiency, and Drug Release

The exact amount of T0901317 in NPs was assessed by HPLC [22]. Briefly, methanol was used to establish a T0901317 standard curve. To remove free drug, liposomes were filtered, followed by sonication for 5 min in 2.0 mL of methanol. Drug quantity in the supernatant was determined by HPLC following centrifugation at 6000g for 15 min. The entrapment efficiency (EE) and loading efficiency (LE) were calculated according to the following formulae [23]:

- LE = (quality of drug in the NPs/quality of the NPs)  $\times$  100%;

To measure drug release from targeted and nontargeted liposomes, liposomes were diluted in 9 mL of PBS containing 0.1% sodium dodecyl sulphate (SDS; pH 7.4) and incubated in a vibrating water bath at 37 °C and 130 rpm. Following incubations of 0–50 h, samples were centrifuged at 20,000g for 15 min and mixed with equal volumes of PBS containing 0.1% SDS. The drug content in the supernatant was then measured by HPLC, and the cumulative T0901317 release from control or anti-OPN liposomes was plotted by the release ratio versus time.

 Table 1 Physicochemical characteristics of synthetic NP formulations

Formulation	Size (nm)	PDI	ZP (mV)
T0901317- liposomes	155.8 ± 2.38	$0.133 \pm 0.05$	$-1.9 \pm 0.84$
Anti-ICAM-1-T0901317- liposomes	189.2 ± 2.74	$0.173 \pm 0.03$	$-18.1 \pm 0.96$

PDI polydispersity, ZP zeta potential

#### **Cell Experiments** Cell Culture

MOVAS cells were cultured in DMEM medium supplemented with 10% FBS and 1% penicillin-streptomycin. Cells were cultivated in culture bottles at 37 °C and 5% CO<sub>2</sub>. Cells were treated with PDGF-BB at the final concentration of 20 ng/mL. The culture medium was replaced daily, and cells were sub-cultured at 100% confluence.

#### Immunofluorescence Analysis

Treated cells were pre-incubated with PDGF-BB at the final concentration of 20 ng/mL for 24 h. Following digestion and centrifugation, cells were fixed with 4% paraformaldehyde and washed three times with ice-cold PBS containing 0.2% Triton X-100. Cells were then incubated for 1 h with primary anti-ICAM-1 antibodies in PBS containing 0.1% BSA 1. Cells were then washed three times in PBS and incubated for 1 h at 37 °C with FITC-conjugated secondary antibodies. Nuclei were stained with DAPI and washed three times. A confocal microscope (LSM510; Carl Zeiss; Germany) was used to analyse the expression of the target protein [24].

#### Cellular Uptake and Targeting Efficiency of Liposomes

MOVAS cells were cultured at 10<sup>4</sup> cells per well in confocal dishes and incubated for 24 h with PDGF-BB at the final concentration of 20 ng/mL. The medium was then replaced with the same containing 40 µL of T0901317- liposomes and anti-ICAM-1-T0901317 liposomes (1 mg lipid/mL), respectively. After 4 h, the medium was removed and cells were fixed with 4% paraformaldehyde. Nuclei were stained with DAPI for an additional 10 min. After washing the cells three times with PBS, confocal microscopy was performed (LSM510; Carl Zeiss; Germany) using two channels for DAPI and coumarin-6 (466 nm excitation, 504 nm detection). To validate the cellular uptake and targeting efficiency of liposomes, flow cytometry (Gallios; Beckman Coulter; CA, USA) was performed on  $10^4$  cells using an excitation wavelength of 466 nm.

#### **Cell Proliferation Assay**

Cellular proliferation was assessed using CCK-8 and BrdU Cell Proliferation Detection Kits. Cells were seeded in 96well plates and treated with T0901317, anti-ICAM-1-T0901317-NPs, T0901317-NPs, and control liposomes for 24 h. Following incubation, medium was removed and cells were washed three times in PBS. The appropriate CCK-8 was added to each well and incubated for 4 h at 37 °C. The optical densities (OD) were determined at 450 nm using a microplate spectrophotometer.

Cell proliferation was also assessed by the number of nuclei that were DAPI stained and marked with BrdU. BrdU was used at a final concentration of 20 µmol/mL. The secondary antibody for BrdU was labelled TRITC. Images were obtained using an FV1200 microscope (Olympus Corporation; Japan).

#### Cell Cycle Analysis

Cells were cultured in six-well plates and incubated with T0901317, anti-ICAM-1-T0901317-NPs, T0901317-NPs, and blank liposomes for 24 h. Following incubation, medium was discarded and cells were washed three times in PBS. Treated cells were incubated with PDGF-BB for 24 h at a final concentration of 20 ng/mL, after which they underwent sequential incubation in trypsin, trypsin inhibitor and RNase buffer, and PI (propidium iodide) stain. Cells were incubated for 10 min on ice in the dark and assessed by flow cytometry (Gallios, Beckman Coulter; CA, USA).

#### Western Blot Analysis

Western blot analyses were performed as previously described [25]. Total protein was extracted using 100 µL of radioimmunoprecipitation assay (RIPA) buffer and 1 µL of phenylmethylsulfonyl fluoride (PMSF) and quantified using the BCA Protein Assay (Pierce Biotechnology; MA, USA). Samples were separated using sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to nitrocellulose membranes. Membranes were blocked with 5% (w/v) bovine serum albumin (BSA) at room temperature for 30 min and incubated with appropriate primary and secondary antibodies. Blots were developed using the Supersignal West Pico Chemiluminescent Substrate kit (Pierce Biotechnology; MA, USA) and analysed using ImageJ software (National Institutes of Health; USA).

#### **Statistical Analysis**

Data were analysed using SPSS.17 software and expressed as the means ± SEM. Assessments of statistical significance were performed using ANOVA and t tests (paired and unpaired). A P value of <0.05 was considered statistically significant.

#### **Results and Discussion**

#### The Scheme of Study Design

The scheme representing the subject of the article shows that the anti-ICAM-1-T0901317 liposomes were prepared by filming-rehydration method. Some specific materials contain phospholipid, cholesterol, T0901317, DSPE-PEG-mal, coumarin-6, and anti-ICAM-1. And the anti-ICAM-1-T0901317 liposomes can inhibit PDGFinduced proliferation of vascular smooth muscle cells effectively (Fig. 1).

#### **Characterisation of Liposomes**

TEM assessments (Fig. 2a) revealed that the anti-ICAM-1-T0901317 liposomes were spherical and 130 nm in diameter. The hydrodynamic diameter and the zeta potential of T0901317 liposomes and anti-ICAM-1-T0901317 liposomes were determined by DLS analysis and are shown in Fig. 2b. The zeta potential of liposomes changed from neutral to negative, and a decrease in hydrodynamic diameter was observed upon treatment with liposome-linked antibodies. These changes were due to the negative charge of the antibody itself. The hydrodynamic diameter and zeta potential of anti-ICAM-1-T0901317 liposomes were  $189.2 \pm 2.74$  nm and  $-18.1 \pm$ 0.96 mV, respectively, and the hydrodynamic diameter and zeta potential of T0901317 liposomes were 155.8  $\pm$ 2.38 nm and  $-1.9 \pm 0.84$  mV, respectively. Absorption spectra of anti-ICAM-1-T0901317 liposomes at 256 and 280 nm indicated that cells contained drug-linked antibodies.

## Entrapment Efficiency, Loading Efficiency, and Drug Release

Lipid to T0901317 weight ratios of 5:1 and 10:1 were used in the evaporation process (50 mg total). The encapsulation efficiency was lower for the anti-ICAM-1-T0901317 liposomes when the ratio was 5:1, and drug loading was evaluated for all subsequent experiments. No significant differences in entrapment efficiencies were observed with antibody conjugation. Drug release from both types of liposomes was biphasic (Fig. 3b). The differences in release were reduced over 5–50 h, which may have been dependent upon whether the encapsulated drug was inside the liposome or surface exposed [26]. Drug release from the anti-ICAM-1-T0901317 liposomes was slower than that of the T0901317- liposomes. The HPLC result for the T0901317 is shown in Additional file 2: Figure S2.

#### Influence of PDGF-BB on Expression of ICAM-1 in VSMCs

Immunofluorescence was used to evaluate the expression of ICAM-1 in VSMCs following PDGF-BB treatment (Fig. 4a). Quantitative fluorescence analyses were performed using ImageJ software. Treatment of MOVAS with PDGF-BB stimulated ICAM-1 expression (Fig. 4b).

#### Cellular Uptake and Targeting Efficiency in Liposomes

The targeting effects of anti-ICAM-1-T0901317 liposomes on cells were assessed using coumarin-6 for detection. Following treatment of MOVAS cells with PDGF-BB (20 ng/mL) for 24 h, cells were incubated for 4 h with each of the two groups of liposomes. Cellular uptake was then evaluated by confocal laser scanning microscope (CLSM) and flow cytometry. As can be seen from Fig. 5a, the uptake of anti-ICAM-1-T0901317 liposomes was significantly higher than the uptake from the second group.





Similarly, the fluorescence intensity of intracellular coumarin-6 was significantly higher in anti-ICAM-1-T0901317- liposomes, compared to the other group (Fig. 5b). The mean fluorescence intensity of intracellular anti-ICAM-1-T0901317- liposomes was ~2.8-fold higher than that of T0901317- liposomes, suggesting that anti-ICAM-1-T0901317 liposomes target MOVAS cells. In addition, the fluorescence spectra of the anti-ICAM-1-T0901317- liposomes are presented in Additional file 3: Figure S3.

#### Cell Proliferation Assessments by CCK-8 Assay and BrdU Immunofluorescence

Cell proliferation was measured using the CCK-8 assay and BrdU immunofluorescence. During the CCK-8 assay, MOVAS cells were pre-treated for 24 h with PDGF-BB (20 ng/mL) followed by treatment with anti-ICAM-1-T0901317 liposomes for 24 h. The inhibitory effect of anti-ICAM-1-T0901317- liposomes on cell proliferation was subsequently assessed, and it was found that targeted liposomes were more effective than nontargeted liposomes and T0901317 molecules (Fig. 6a). The controls had no effect on cell proliferation. Cell proliferation was also assessed using BrdU staining, which revealed that anti-ICAM-1-T0901317- liposomes suppressed PDGF-BB-induced proliferation of vascular smooth muscle cells, compared to T0901317- liposomes and T0901317 alone (all P < 0.05). No significant difference in cell proliferation was observed between the PDGF-BB or control groups (P > 0.05).

# Anti-ICAM-1-T0901317 Liposomes Inhibited PDGF-BB-Induced MOVAS Cell Proliferation and $G_1 \rightarrow S$ Phase Progression

The effect of anti-ICAM-1-T0901317 liposomes on cell cycle progression was determined by flow cytometry. To analyse the effect on cell proliferation, it was necessary to analyse the effect of anti-ICAM-1-T0901317 liposomes on the cell cycle. Cells incubated with PDGF for 24 h preferentially accumulated in S phase ( $54.4 \pm 2.8\%$  in G0/G1 phase and  $33.8 \pm 2.0\%$  in S phase; Fig. 7a). Treatment with T0901317 liposomes suppressed progression into S phase,





(20 µg/mL), followed by incubation with anti-ICAM-1-coumarin-6 liposomes, or coumarin-6 liposomes for 4 h. *Left column* DAPI channel showing *blue* fluorescence, *middle column* coumarin-6 channel showing *green* fluorescence from the liposomes, *right column* merged channel showing DAPI and coumarin-6. *Bars* = 50 µm. **b** Flow cytometry analyses of MOVAS cells pre-treated for 24 h with PDGF-BB (20 µg/mL) followed by treatment with anti-ICAM-1-coumarin-6 liposomes or coumarin-6 liposomes for 4 h. Emitted light was collected at FL6 using a 660/20-nm band pass filter. **c** Mean coumarin-6 fluorescence intensities obtained from MOVAS cells pre-treated for 24 h with PDGF-BB (20 µg/mL) and incubated with anti-ICAM-1-coumarin-6 liposomes or coumarin-6 liposomes for 4 h. Values are expressed as the means  $\pm$  SD (n = 3); \*\*P < 0.01



Fig. 6 Cell proliferation assessments using the CCK-8 assay and BrdU immunofluorescence (a). The CCK8 proliferation assay showed that anti-ICAM-1-T0901317 liposomes prevented the proliferation of vascular smooth muscle cells (VSMCs) induced by PDGF-BB more substantially than T0901317 liposomes and T0901317. b Confocal images showing that administration of anti-ICAM-1-T0901317 liposomes decreased the number of BrdU+ cells following treatment with PDGF-BB (20  $\mu$ g/mL) for 24 h more substantially than T0901317- liposomes or T0901317. Bars = 100  $\mu$ m. c Graphs of BrdUpositive ratios. All the experiments were repeated three times and represented as the means ± SEM. \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001



causing an increase in the G0/G1 population (75.3  $\pm$  3.2%). Additionally, cells incubated with anti-ICAM-1-T0901317 liposomes for 24 h primarily accumulated in G0/G1 phase (83.0  $\pm$  1.3%). However, cells treated with control nanomaterials following incubation with PDGF-BB for 24 h did not exhibit altered cell cycles.

## Anti-ICAM-1-T0901317 Liposomes Inhibit Phosphorylation of Rb and Expression of MCM6

T0901317 inhibits cell cycle progression by inhibiting the expression of Rb phosphorylated at Ser807/811, which is necessary for  $G_1 \rightarrow S$  progression. Moreover, Rb phosphorylation leads to increased MCM6 expression [17]. As can be seen in Fig. 7, anti-ICAM-1-T0901317 liposomes inhibited Rb phosphorylation and MCM6 expression more than other groups. No significant difference in protein expression was observed when MOVAS cells were pre-treated for 24 h with PDGF-BB (20 ng/mL) followed by targeted nanoparticles treatment with empty controls (Fig. 7).

#### Conclusions

VSMC proliferation plays an important role in the development of atherosclerosis, for which PDGF is a key mediator [27]. The LXR agonist, T0901317, regulated lipid accumulation in VSMCs and inhibited smooth muscle cell proliferation by preventing the

phosphorylation of Rb. Thus, T0901317 may play a protective role in preventing atherosclerotic plaque formation [17, 28]. ICAM-1, which is highly expressed following PDGF-BB treatment, was chosen as the target of sustained-release liposomes containing T0901317. The goal was to inhibit smooth muscle cell proliferation [29, 30]. Liposomes were used since they have many advantages, including targeted diagnoses and therapies, sustained drug release, and suitable hydrophobicities. The physicochemical characteristics of liposomes were determined by assessing their sizes, morphologies, zeta potentials, stabilities, entrapment efficiencies, loading efficiencies, and drug releases. Notably, the therapeutic effect of liposomes on an in vitro model of atherosclerosis has been validated. The data from this study show that targeted diagnosis and treatment of atherosclerosis is possible.

#### **Additional files**

Additional file 1: Figure S1. DLS size of these liposomes in different pH values. As can be seen, the liposomes are relatively stable in different pH environments. Smaller size of particle may be caused by differences in solution charge. (TIF 75 kb)

**Additional file 2: Figure S2.** This figure shows the results of the T0901317 in HPLC. The peak time of the T0901317 in HPLC was about 5.8 min. The sample is detected for 36 min. (TIF 69 kb)

Additional file 3: Figure S3. The fluorescence spectra of the anti-ICAM-1-T0901317 liposomes were presented. The optimal absorption wavelength of liposomes is 518 nm. It can be seen that it is consistent with the fluorescent properties of the coumarin-6. (TIF 130 kb)

#### Acknowledgements

This work was supported by the National Key Research Program of China (2016YFA0100903), National Funds for Distinguished Young Scientists of China (81325009), National Nature Science Foundation of China (Nos. 81530058, 81570272, 81227901), and Beijing Nature Science Foundation (No. 7152131).

#### Authors' Contributions

XH, MQX, WZ, and FC performed the research. XH and MQX analysed the data and wrote the paper. FC, WZ, SM, YDC, YBW, YZ, and TTG designed the research and reviewed the article. All authors read and approved the final manuscript.

#### **Competing Interests**

The authors declare that they have no competing interests.

#### **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

#### Received: 31 January 2017 Accepted: 20 April 2017 Published online: 03 May 2017

#### References

- Bennett MR, Sinha S, Owens GK (2016) Vascular smooth muscle cells in atherosclerosis. Circ Res 118(4):692–702
- Egbujie BA, Igumbor EU, Puoane T (2016) A cross-sectional study of socioeconomic status and cardiovascular disease risk among participants in the Prospective Urban Rural Epidemiological (PURE) Study. S Afr Med J 106(9):900–906
- Yu X, Li Z (2014) MicroRNAs regulate vascular smooth muscle cell functions in atherosclerosis (review). Int J Mol Med 34(4):923–933
- Li P, Liu Y, Yi B et al (2013) MicroRNA-638 is highly expressed in human vascular smooth muscle cells and inhibits PDGF-BB-induced cell proliferation and migration through targeting orphan nuclear receptor NOR1. Cardiovasc Res 99(1):185–193
- Ping S, Li Y, Liu S et al (2015) Simultaneous increases in proliferation and apoptosis of vascular smooth muscle cells accelerate diabetic mouse venous atherosclerosis. PLoS ONE 10(10):e0141375
- Rudijanto A (2007) The role of vascular smooth muscle cells on the pathogenesis of atherosclerosis. Acta Med Indones 39(2):86–93
- Khoo JC, Miller E, Pio F, Steinberg D, Witztum JL (1992) Monoclonal antibodies against LDL further enhance macrophage uptake of LDL aggregates. Arterioscler Thromb 12(11):1258–1266
- Ross R (1993) The pathogenesis of atherosclerosis: a perspective for the 1990s. Nature 362(6423):801–809
- Zhang XQ, Even-Or O, Xu X et al (2015) Nanoparticles containing a liver X receptor agonist inhibit inflammation and atherosclerosis. Adv Healthc Mater 4(2):228–236
- Blaschke F, Leppanen O, Takata Y et al (2004) Liver X receptor agonists suppress vascular smooth muscle cell proliferation and inhibit neointima formation in balloon-injured rat carotid arteries. Circ Res 95(12):e110–e123
- Wang G, Wang J, Wu W, Tony TSS, Zhao H, Wang J (2015) Advances in lipid-based drug delivery: enhancing efficiency for hydrophobic drugs. Expert Opin Drug Deliv 12(9):1475–1499
- Lobatto ME, Fuster V, Fayad ZA, Mulder WJ (2011) Perspectives and opportunities for nanomedicine in the management of atherosclerosis. Nat Rev Drug Discov 10(11):835-52.
- Chen S, Hao X, Liang X, et al (2016) Inorganic Nanomaterials as Carriers for Drug Delivery. J Biomed Nanotechnol 12(1):1-27.
- Padmanabhan P, Kumar A, Kumar S, Chaudhary RK, Gulyás B (2016) Nanoparticles in practice for molecular-imaging applications: An overview. Acta Biomater 41:1-16.

- Anti-CD45RO and Loaded with HDAC Plus Protease Inhibitors Activate Latent HIV and Inhibit Viral Spread. Nanoscale Res Lett 10(1):413.
  16. Wang Y, Chen J, Yang B, et al (2016) In vivo MR and Fluorescence Dual-
- Wang Y, Chen J, Yang B, et al (2016) in VIVo MR and Fluorescence Dualmodality Imaging of Atherosclerosis Characteristics in Mice Using Profilin-1 Targeted Magnetic Nanoparticles. Theranostics 6(2):272-86.
- 17. Farokhzad OC, Langer R (2009) Impact of nanotechnology on drug delivery. ACS Nano 3(1):16-20.
- Morisaki N, Takahashi K, Shiina R, et al(2009) Platelet-derived growth factor is a potent stimulator of expression of intercellular adhesion molecule-1 in human arterial smooth muscle cells. Biochem Biophys Res Commun 200(1): 612-8.
- Wang F, Chen L, Zhang R, Chen Z, Zhu L (2014) RGD peptide conjugated liposomal drug delivery system for enhance therapeutic efficacy in treating bone metastasis from prostate cancer. J Control Release 196:222–233
- Feng B, Tomizawa K, Michiue H, Han XJ, Miyatake S, Matsui H (2010) Development of a bifunctional immunoliposome system for combined drug delivery and imaging in vivo. Biomaterials 31(14):4139–4145
- Jiang S, Wang X, Zhang Z et al (2016) CD20 monoclonal antibody targeted nanoscale drug delivery system for doxorubicin chemotherapy: an in vitro study of cell lysis of CD20-positive Raji cells. Int J Nanomedicine 11:5505–5518
- Patel N, Lalwani D, Gollmer S, Injeti E, Sari Y, Nesamony J (2016) Development and evaluation of a calcium alginate based oral ceftriaxone sodium formulation. Prog Biomater 5:117–133
- Tang X, Jiao R, Xie C et al (2015) Improved antifungal activity of amphotericin B-loaded TPGS-b-(PCL-ran-PGA) nanoparticles. Int J Clin Exp Med 8(4):5150–5162
- 24. Noble JW, Hunter DV, Roskelley CD, Chan EK, Mills J (2016) Loukoumasomes are distinct subcellular structures from rods and rings and are structurally associated with MAP2 and the nuclear envelope in retinal cells. PLoS ONE 11(10):e0165162
- Li Z, Yu X, Wang Y et al (2015) By downregulating TIAM1 expression, microRNA-329 suppresses gastric cancer invasion and growth. Oncotarget 6(19):17559–17569
- Zeng X, Tao W, Mei L, Huang L, Tan C, Feng SS (2013) Cholic acidfunctionalized nanoparticles of star-shaped PLGA-vitamin E TPGS copolymer for docetaxel delivery to cervical cancer. Biomaterials 34(25):6058–6067
- Keramati AR, Singh R, Lin A et al (2011) Wild-type LRP6 inhibits, whereas atherosclerosis-linked LRP6R611C increases PDGF-dependent vascular smooth muscle cell proliferation. Proc Natl Acad Sci U S A 108(5):1914–1918
- Davies JD, Carpenter KL, Challis IR et al (2005) Adipocytic differentiation and liver X receptor pathways regulate the accumulation of triacylglycerols in human vascular smooth muscle cells. J Biol Chem 280(5):3911–3919
- Shin SY, Jung YJ, Yong Y, Cho HJ, Lim Y, Lee YH (2016) Inhibition of PDGFinduced migration and TNF-α-induced ICAM-1 expression by maltotetraose from bamboo stem extract (BSE) in mouse vascular smooth muscle cells. Mol Nutr Food Res 60(9):2086–2097
- Paulis LE, Jacobs I, van den Akker NM et al (2012) Targeting of ICAM-1 on vascular endothelium under static and shear stress conditions using a liposomal Gd-based MRI contrast agent. J Nanobiotechnology 10:25

## Submit your manuscript to a SpringerOpen<sup>®</sup> journal and benefit from:

- Convenient online submission
- Rigorous peer review
- Immediate publication on acceptance
- Open access: articles freely available online
- High visibility within the field
- Retaining the copyright to your article

#### Submit your next manuscript at > springeropen.com